

WEINGARTEN REALTY

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Fit4Lyfe Opening Second Fitness Center at Embassy Lakes Shopping Center

(November 4, 2019) – Weingarten Realty (NYSE: WRI) announced that Fit4Lyfe is leasing 2,935 SF at Embassy Lakes Shopping Center in Cooper City, Florida.



[Fit4Lyfe](#) is South Florida's hottest interval training circuit facility that opened its first fitness facility in Pembroke Pines, Florida in January of 2016. Fit4Lyfe features group fitness classes every day of the week plus specialized classes such as OCR and agility training. Fit4Lyfe provides clients with individual attention and expert coaching in a fun and friendly environment. Our group classes are fun and effective, with both morning and evening schedules. Each class lasts one hour and uses a combination of bodyweight with cardio and resistance training to help you:

- Lose fat, get fit and tone up.
- Decrease stress and increase your energy levels.
- Boost your metabolism and burn a crazy amount of calories, both during and after your workout aka EPOC or after-burn.



Look for the gym at Embassy Lakes to have a “soft opening” in December 2019. In January 2020 they will celebrate the Grand Opening in collaboration with their 4-year anniversary at Pembroke Pines.

For information about Fit4Lyfe, visit the [website](#) or find us on social media. Like: [Facebook](#) -- Follow: [@Fit4Lyfe_coopercity](#) (Instagram)

Leasing Executive, [Daniel Gardner](#) of [Weingarten Realty](#), represented the landlord. Director, [Michael Mogerman](#) of

[Trinity Commercial Group](#) represented the tenant.

About Weingarten Realty Investors

Weingarten Realty Investors (NYSE: WRI) is a shopping center owner, manager, and developer. At June 30, 2019, the Company owned or operated under long-term leases, either directly or through its interest in real estate joint ventures or partnerships, a total of 173 properties which are located in 17 states spanning the country from coast to coast. These properties represent approximately 33.9 million square feet of which our interests in these properties aggregated approximately 22.2 million square feet of leasable area. To learn more about the Company's operations and growth strategies, please visit www.weingarten.com.