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Motion Stretch Studio is Coming to Centre at Post Oak

(January 21, 2019) – Weingarten Realty (NYSE: WRI) announced that Motion Stretch is leasing 1,924 SF in Centre at Post Oak in Houston, Texas.

Centre at Post Oak is a prestigious shopping center with a variety of local and national retailers, and upscale restaurants located at Westheimer Road and Post Oak Boulevard in Houston, TX. Nordstrom Rack chose this location for its Houston debut, much like many other tenants have done, including Morton's Steakhouse, Grand Luxe, Moxie's Grill & Bar and Arhaus Furniture.



Motion Stretch Studio – The MOTION Method begins with a focus on connective tissue and ends with a custom-tailored muscle treatment that helps to reprogram movement. This method was developed in cooperation with fitness experts and innovators including Nicole Frost and is a proven method for achieving full-body elasticity. There are currently eight studios across Georgia, California, Washington, and Texas with six additional studios “Coming Soon”. The Centre at Post Oak studio will be the first in the Houston area and is scheduled to open for business in April of 2019.

Senior Leasing Director, John Wise of Weingarten Realty represented the landlord. Vice President, Kathy King, and Principal, Debbie Adams of Edge Realty Partners represented the tenant.

About Weingarten Realty Investors

Weingarten Realty Investors (NYSE: WRI) is a shopping center owner, manager, and developer. At September 30, 2018, the Company owned or operated under long-term leases, either directly or through its interest in real estate joint ventures or partnerships, a total of 185 properties which are located in 17 states spanning the country from coast to coast. These properties represent approximately 37.4 million square feet of which our interests in these properties aggregated approximately 24.1 million square feet of leasable area. To learn more about the Company's operations and growth strategies, please visit www.weingarten.com.